

The
5 Secrets
of
Ultimate
Seduction

For Men Only

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Presented by

The-Ultimate-Romantic.com

The 5 Secrets of Ultimate Seduction

For Men Only - How to arouse your woman and enjoy the best sex of your life!

Notes

There is an art to seduction, and the man who learns it well can not only make himself a magnet of attraction to women if he is single, but can enjoy more and better sex, and a happier relationship with his partner, if he is married or otherwise committed to a monogamous relationship.

The first thing for a man to realize is that men and women are different. Yes, there is that – the more obvious ways. But what I am referring to are the ways in which men and women are different in the ways that they are motivated, and the ways that they respond sexually.

You may have perhaps heard this before, but it bears repeating. If you are going to successfully learn how to seduce a woman, and to give her the most stimulating and arousing experience of her life, it is something you simply must learn, and take seriously to heart. If you do not, you will fail, miserably.

To put in a nutshell, bluntly, men are hard-wired by evolution for completion. They are driven to achieve the orgasm, the release, the planting of the seed, as quickly and as efficiently as possible. Once they have achieved this task, sexually they are done, as far as survival and evolution are concerned.

Women, on the other hand, are geared for the process. In evolutionary terms, they are focused not only on finding a man to plant his seed in her, but on finding a man who will love her and cherish her, and who will be around to take care of her and to support her through her pregnancy, and in raising the family she bears.

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Simply put, if men have an “on-off” switch, meaning that they can be instantly “turned on” and be ready to get it on, women by contrast have a “volume control”. They may feel a slight interest, and even a slight sexual attraction, but their arousal must be turned up gradually. Often, the slower the better. Women love the thrill of slow anticipation, the gentle tease, the excitement and sexual tension of wondering what is coming next.

And so over the centuries, men have learned, more or less, to engage in a process of courtship – a series of gift-giving, going out on “dates”, dinners, a movie, sometimes in the course of an evening, sometimes over the course of several evenings, but all (hopefully) leading up to the same end result. Which, for the man, is the brief, sudden explosion of passion in which his seed is planted and his evolutionary imperative is completed.

Women, for their part, have generally learned therefore to “put men off” – to lead them on a chase – all subconsciously designed to demonstrate for her that the man is genuinely interested in her, and will therefore continue to be around to love her, cherish her, and support her and the family that may result from their sexual union.

The purpose of this discussion is not to put sex into some sort of cold, clinical perspective. That would not do at all! Sex after all is supposed to be fun!

The purpose here is to illustrate the general differences between men and women, so that you can better understand how to properly seduce a woman, so that both of you will enjoy the sexual experience even more fully and intensely!

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But don't some women just want a raw, sexual fling, the no-commitments one-night-stand, just as much as men do (as we are led to believe)?

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Of course – and this brings us to one of those little paradoxes in the female, the exception that quite interestingly proves the rule.

Women, as you may have experienced, are intensely emotional. They are strongly driven by their hormonal cycles, and their emotional states are closely tied to the hormonal phase that they are in at any given particular time.

Women, as a rule, are strongly attracted to men of strength. Remember that they are driven by their genetic conditioning to seek a male who will, and who will be capable of, taking care of them. Thus they find themselves irresistibly attracted to men who are strong and in control of themselves and their circumstances.

This does not necessarily mean mere physical strength, although most women will admire a muscular masculine physique every bit as much as a man will admire the soft feminine curves of a woman.

Herein lies the paradox. The men that women are most strongly attracted to for their “flings”, their short-term emotional and sexual longings, are quite often very different from the kind of man she will seek out to marry and settle down with.

Women often find themselves uncontrollably attracted to the “bad boys”, the dangerous men, and the men who seemingly live life “on the edge”.

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But wait, you say. Doesn't she desire stability, someone to care for her, and support her? Yes, she does, but she is attracted to the apparent strength exhibited by the "bad boy". It excites her, her curiosity is piqued, and she doesn't quite know what to expect from these men.

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Often, they frustrate her attempts to control them, a quality she tends to subconsciously interpret as strength and confidence, indicators of a man who might make a good mate.

But alas, such "bad boy" strength and bad behavior often only masks their true lack of strength, character, and self-control. In their inability to adequately control themselves, they try to control her, sometimes abusively.

Their apparent "strength" and confidence, is only in the long run a thin disguise for a deeper weakness, a weakness that she will in time come to regard with contempt and loathing.

Such men often in the long run prove themselves to be unstable, unreliable, and only interested in themselves and their own pleasure. They will not take care of her, love her, or support her in the long run. For this she seeks another kind of man. Loving, stable, and committed to her.

But then, she will often become frustrated with this sort of man as well, as he is so dependable and predictable as to be boring. His concern and solicitousness for her well-being she comes to view, subconsciously, as weakness.

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Translation: Strong, self-assured, and confident men – a turn on. Weak, clingy, and “needy” men – a definite turn-off.

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What, then is a man to do? What is the secret key to seduction of a woman, especially a woman you wish to keep seduced, and attracted to you, for the long haul?

The key is to know what women want, and yearn for, and to strive to provide that balance between the stable, but dull, “provider”, and the provocative, exciting, but unreliable “bad boy”.

Women want the “real thing”, baby. They want a real man, one who is strong, self-confident, competent, and assured – yet one who is able and willing to listen to her, affirm her, and who is confident enough in his own manhood to occasionally allow himself a moment of vulnerability with her.

Be a little unpredictable. By this I don't mean become some sort of flittery psychotic. But be creative. Women LOVE surprises. They LOVE not quite knowing what will come next, or when. A “spontaneous” night out. An unexpected weekend away. Or an unscheduled afternoon of passion. A rose – when it isn't her birthday OR your anniversary.

There are literally books FILLED with ideas. Wonder what a woman really wants? Try reading one or two of those trashy romance novels or magazines she has lying around the house. Sure, it will turn your stomach, but it should also give you an idea or two. Tip: Check the pages she has book-marked or turned the pages over on!

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Be strong. Women will test you – constantly. They will whine, and complain, and be difficult – all in an unconscious attempt to see if they can manipulate you or control you into doing the things that they SAY that they want.

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You may have had an experience, or more than one, where a woman you were relating to SEEMED to want something, but when you gave in (key phrase) and gave it to her, she still didn't seem happy? Tip: It wasn't what she really wanted. She was testing you. And you failed the test.

And yes, when you resist and try to be your "own man", they will often put up an awful fuss – at least on the surface. But often in the end they will be happier and more content, simply because you've passed the "test" and proven your strength. If they can "control" you, then you are not in control of yourself.

The most attractive thing to a woman is a man who is in control of HIMSELF. Too many men confuse this with trying to control everything in every given situation, including the woman. Women don't want to be controlled. They certainly don't want to be abused. They want a man who is cool, calm, and unflappable in any situation, no matter how much the women themselves are falling apart. It gives them security, and allows them to be free to express their own emotionality.

Here are five keys to successful seduction:

- 1. Build anticipation.** Take it slow. Remember, women don't have "on-off" switches – they have volume controls. One step forward, half a step back. When you kiss her, don't just throw her on

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the bed and dive on top of her (that comes later – MUCH later – get it?)

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First, lean over as if to kiss her, then pull back. In a little while, kiss her softly on her cheek, or her hand. Pull back. Then lean in and gently smell her neck (women love this). Be a tease – make her want it more, before you give it to her.

This is hard. As a man you really want to just throw her into the sack and plunge yourself into her, a few good thrusts before planting your seed. That's not seduction. She'll just feel empty and used, and brother, if she ain't happy, then you won't be either, in the long run. Take your time, and do it right.

- 2. Flirt.** Women flirt. It's their way of expressing interest. It's also their way of getting to know you in a "safe" way, and of testing you, to see if you will rise to the bait. Flirt back. Flirting doesn't mean that you're going to end up in bed together. Act like you know it – and act like you could care less if you ever had sex with her or not. Use humor. Tease her. This lets her know that you have confidence in yourself, and are secure enough in yourself not to need her approval. And by all means, when she backs off – don't chase her! This will infuriate her, and if she is really interested in you, she will soon be back, trying even harder to get your attention and your interest.
- 3. Candles.** Women are very sensual. That means that they are very in tune with their senses. They pay attention to details – how something smells, how it tastes, how it feels, and especially, how it makes them feel.

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According to the study of Feng Shui, the seduction candle is red, and the ingredients are musk, patchouli, pine, cedar, and juniper. So turn off the lights, and fill the room with scented candles. Candlelight has always been a sure-fire romantic mood-setter for women. And since our sense of smell is closely tied to our memories, the scent of the candles will bring back the memories of your time together, whenever she smells it again in the future!

Tip: Bad smells are a real turn-off for women. If you are going to be getting close to a woman, whether it's a first date or you've been married for years, make sure you are squeaky clean and smelling great! Breath, underarms, feet, crotch, and butt-crack. This does NOT mean to cloak yourself in aftershave – most women are most aroused by a man's natural, but CLEAN, smell. A little cologne or aftershave, or even just a lightly scented soap or body wash, will go a long way, so don't over-do it.

- 4. Love letters and poems.** Whether it was the old-fashioned way with letters and stamps, or the modern way with IM and e-mail, when you first met you probably spent a lot of time communicating. It was all part of the courtship dance, the anticipation, the surprise of discovery, the light flirtation, and the getting to know each other.

Women want to be loved, valued, and cherished. They want to know that you think about them, even when you aren't with them. Little things like notes

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left in unexpected places, a sentimental card, or a little romantic poem left for her to find, will start (or continue) that flirtatious little game of anticipation and desire, that can go on for hours, or even days and weeks. Remember, women have volume controls! Turn it up Slowly!

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Tip: Don't over-do this one either. She should rarely know when or where you're going to plant one of these little treasures in her life. If you email or Instant Message, don't overwhelm her with notes and messages. If you've just met, once or twice in a week is enough. If you've been in a longer relationship, no more than once a day – and try to skip a day or two every now and again. Keep her guessing!

- 5. Get away.** Most of us have way too much stress, distractions, and other “baggage” in our day-to-day environments, to be able to relax and allow a mood of romance and passion to build.

Rent a room at a nice hotel, even if it's just “across town”. If you can, get the whirlpool or the “honeymoon” suite. Then, dress up and go out for a nice dinner, a movie, or a live theater performance. Wander a museum, or an art gallery. Go to a sporting event that you both enjoy. A weekend away at a cabin or lake. Even camping. Perhaps a cruise.

The point is to get both of you out of your daily “rut” and into a different environment or experience that you can both share. Make it a time where you can both relax and concentrate on each other.

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Tip: Studies have found that sexual activity by couples increases dramatically after the purchase of a new bed, no matter how long the couple has been together or married. The moral of the story – if you want to increase your sexual satisfaction, go sleep in a new (or different) bed! Perhaps this is one reason why hotels and motels are such popular “romantic getaway” destinations!

Is that it? Is that all that there is to successfully seducing a woman?

Not on your life! If you’ve absorbed and are able to put into practice just SOME of what you’ve read so far, then I can guarantee you that your seductive success with woman (or that special woman), will have doubled, if not tripled!

If you feel like you’ve already been doing all of this all along, and were looking for some ways to “fine tune” or expand your act, have no fear. It doesn’t end here.

Remember that when you requested this Free e-book, that you were also subscribed to the Free “Secrets of Seduction” e-Course, an ongoing series of lessons designed to enable you to dramatically improve your performance and success rate in the field of seduction.

So stay tuned, and watch your mailbox for more.

If you received this e-book from someone else without subscribing to the free e-Course, you can do so now at

<http://The-Ultimate-Romantic.com> .

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Feel free to share or copy this e-book to your friends. But keep the e-Course to yourself! (You don't want to give away ALL of your secrets – seduction is far too competitive a game already!)

This e-book will also occasionally be revised and expanded with new information and resources, information that will make it an even more powerful resource, and an important addition to your “Man’s Library”. Subscribers to the on-going e-Course will automatically receive notifications when an updated edition is available for Free downloading from the site.

So feel free to print it out, and keep it handy for review and inspiration. Make notes of any important information or insights in the margins. If you place these pages in a good 3-ring binder, you can easily add print-outs of the e-Course lessons as they arrive, making it a valuable and expanding reference resource!

To your Seductive Success!

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